

Parent Toolkit



Thrive-Online Parent Toolkit

A FREE toolkit of strategies and activities to help you now!

Insights for parents during the Covid-19 lockdown

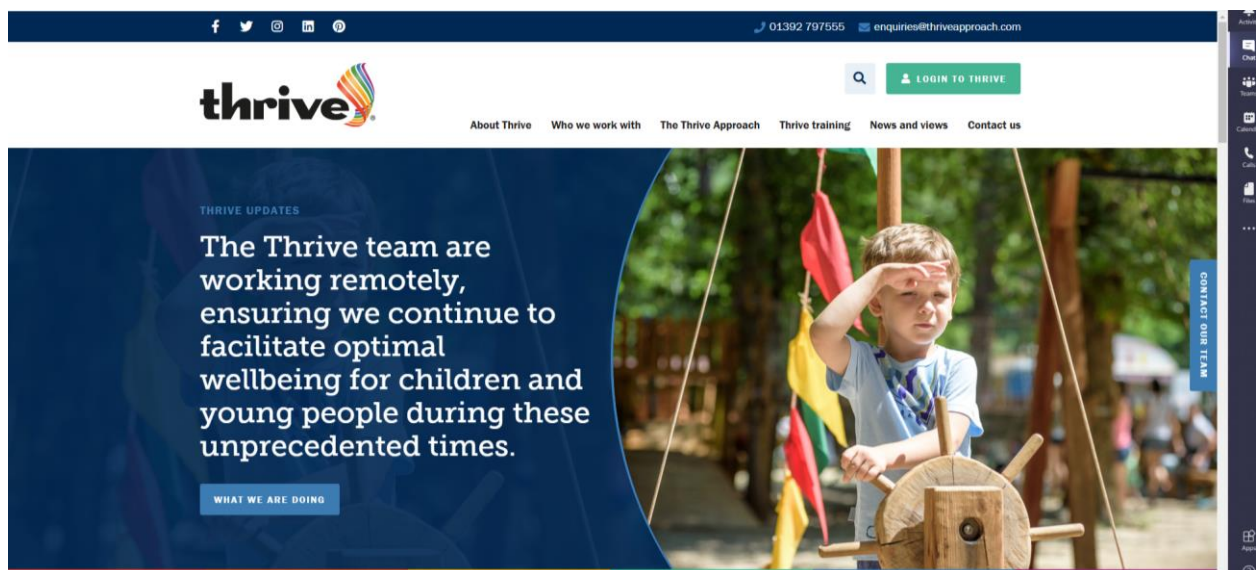
To help you through the lockdown, we have pulled together some hints and tips in this first, FREE release of the Thrive Online Parent Toolkit. It is specially designed for parents with children aged 4 to 11 years.

The parent toolkit provides:

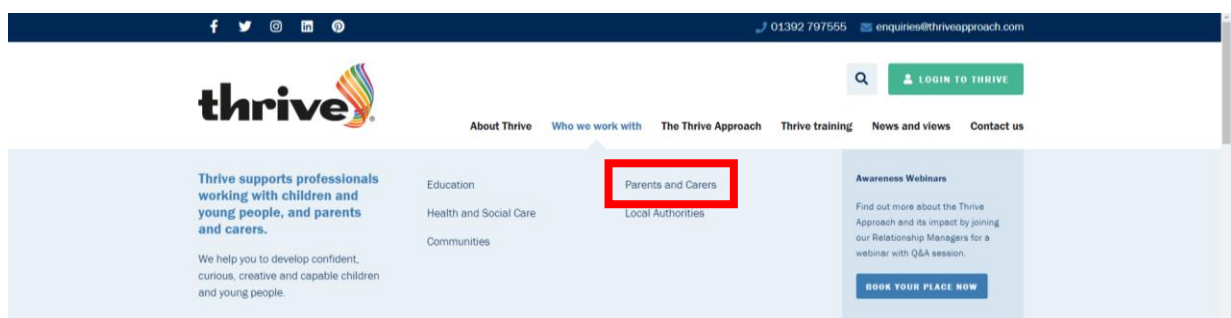
- Information and an animation explaining the different, age-related stages of a child's social and emotional development
- Short films showing two families sharing the impact this knowledge of Thrive has had on them
- Hints and tips for looking after yourselves
- Carefully selected, age-appropriate strategies and activities for you to try with your children at home
- A facility for you to expand and personalise the toolkit for you and your children

Register with Thrive-Online

In order to access and use the Parent Toolkit, you will need to register with Thrive-Online. To do this please go to thriveapproach.com/login/ and the following page should appear



Now hover over 'Who we work with' and the following will appear



Click on Parents and Carers as shown above and the following screen will then appear

This page will provide further information relating to the parent toolkit and what it aims to provide for you and your children. Please read through this information and watch the clip.

Parents and Carers - The Thrive

thriveapproach.com/who-we-work-with/parents-carers/

01392 797555 enquiries@thriveapproach.com

thrive

About Thrive Who we work with The Thrive Approach Thrive training News and views Contact us

HOME > WHO WE WORK WITH > PARENTS AND CARERS

Parents and Carers

Thrive can show you how to make your time and interactions with your children make a positive difference – supporting their wellbeing and building their emotional resilience.

We aim to help you know how to be with your children, not what to do. We can give you an insight in to why children behave like they do, and we can provide you with pointers to help create positive experiences. We are not offering a parenting programme or yet more activities to fill the time. We're offering you a guiding hand and reassurance.

Better understand what is happening for your children in their world

Experts tell us that our children's behaviour is their way of communicating an unmet need, often because they do not yet have the language to tell us. By helping you understand children's social and emotional development, we enable you to help your children become confident, curious, emotionally resilient and more engaged with both life and learning.

THRIVE-ONLINE PARENT TOOLKIT
A FREE toolkit of strategies and activities to help you now!

Insights for parents during the Covid-19 lockdown

To help you through the lockdown, we have pulled together some hints and tips in this first, FREE release of the Thrive-Online Parent Toolkit. It is specially designed for parents with children aged 4 to 11 years.

The parent toolkit provides:

- Information and an animation explaining the different, age-related stages of a child's social and emotional development
- Short films showing two families sharing the impact this knowledge of Thrive has had on them
- Hints and tips for looking after yourselves
- Carefully selected, age-appropriate strategies and activities for you to try with your children at home
- A facility for you to expand and personalise the toolkit for you and your children.

WATCH TO SEE HOW

TRY OUT THE THRIVE-ONLINE PARENT TOOLKIT

Learning, Language, Thinking, Networking, Connections, Storytelling, Social skills, Education, Being, Creativity, Best practice, Doing, Neuroscience, Wellbeing, Development, Emotions

Once you have watched the clip and read the information please press the blue button 'Try out the Thrive-Online Parent Toolkit'

This will then take you to the log in page – if you are not already registered you will need to do so by following a few simple steps. If you already have log in details to Thrive-Online please enter them and continue from page 5.

Click on the Blue 'Register with Thrive' button

Log in to Thrive - The Thrive Approach

01392 797555 enquiries@thriveapproach.com

thrive

About Thrive Who we work with The Thrive Approach Thrive training News and views Contact us

HOME > LOG IN TO THRIVE

Log in to Thrive

If you have login details for Thrive-Online or if you want to login to your Thrive account member area, please enter your details below.

Please login to book this course.

Email

Password

LOG IN

Forgot password? [Reset](#)

New to Thrive?

If you are new to Thrive, would like to book onto a course and get access to further resources please register with Thrive

REGISTER WITH THRIVE

CONTACT OUR TEAM

You will then come to a page which states 'Register with Thrive' Scroll down the page and you will see a section which needs to be completed.

Register - The Thrive Approach

01392 797555 enquiries@thriveapproach.com

thrive

About Thrive Who we work with The Thrive Approach Thrive training News and views Contact us

HOME > REGISTER

Register with Thrive

Any personal information that you give to us will be used to set up and administer your account and to provide you with the services that you request.

We would like to send you our newsletter and other information about services related to Thrive that we think may interest you. Please let us know below if you would like to receive this information when answering the 'Marketing' question. You can unsubscribe at any time.

Any information that you give to us will be held in line with our retention policy and if you would like further information about how we handle your personal information please see our [Privacy Policy](#).

YOUR DETAILS

First Name *

Last Name *

Email address *

Alternative email

Phone number *

Phone number type *

Mobile Home Work

CONTACT OUR TEAM

Please note the following

Reason for registering – please enter other – a further box will appear for you to enter Parent Toolkit

Organisation – please leave these fields blank

Password – Please enter a password which must be at least 10 characters and must contains lower case, upper case, numerical and special characters

CONTACT OUR TEAM

CONTACT OUR TEAM

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Once you have submitted your information, you will then see the following page

thrive Courses **Thrive-Online Parent Toolkit** Contact Member Services: 01392 797557
memberservices@thriveapproach.com

1 Booking 2 Profile Info

1. Booking
Please specify your booking below

A. Your account
hubert@thriveapproach.com switch account

B. Booking for

☐ I have read the [Terms & conditions](#).

Step 1 of 2

Course Details

Ticket cost: None
Code: PH9000
Course: Thrive-Online
Parent Toolkit
Date: 26 May 2020

Venue: Virtual training room
Sessions: 2
Places Available: 960

Times:
1. Tue 26th May 2020 09:00 - 17:00
2. Wed 26th May 2021 09:00 - 17:00

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Complete the booking form stating that it is for yourself and again read and tick the Terms & conditions – now press ‘Next’ and the following page will appear. Check the information contained in the above page is correct and add any additional information that may be required e.g. alternative email address and other telephone numbers.

thrive Courses **Thrive-Online Parent Toolkit** Contact Member Services: 01392 797557
memberservices@thriveapproach.com

1 Booking 2 Profile Info

2. Profile information
If you have changed the Organisation you work at, please do let us know and we can update this for you.

A. Details

Name
Hubert Thrive

For security reasons, if you wish to change your name, please contact the Thrive-Online team.

Forum name
Hubert Thrive

Job Title *
Other
Parent

Marketing *
Please do keep me updated

Email *
hubert@thriveapproach.com

Alternative Email
Alternative Email

Work Telephone *
01392 797555

Home Telephone
Home Telephone

Mobile
Mobile

B. Address

Address line 1 *
Sealle Hayne

Address line 2
Howden Lane

Address line 3
Address line 3

Town or city *
Newton Abbot

County
Devon

Postcode *
TQ12 6NQ

Step 2 of 2

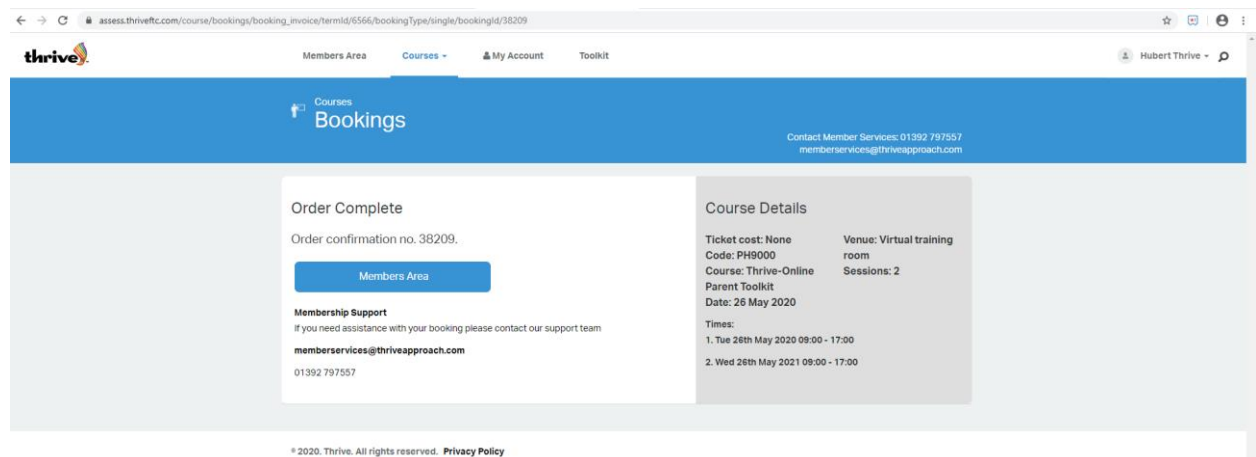
Course Details

Ticket cost: None
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Course: Thrive-Online
Parent Toolkit
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Venue: Virtual training room
Sessions: 2
Places Available: 960

Times:
1. Tue 26th May 2020 09:00 - 17:00
2. Wed 26th May 2021 09:00 - 17:00

Once you have completed the form above, click 'Book now' and the following page will appear.



Once the booking has been made you will receive an email as follows

Thank you for booking onto **Thrive-Online Parent Toolkit (PH9000)** on **2020-05-26**, at **Virtual training room**.

Your booking reference is **38209**, and further details will be sent to you in due course.

You can view your bookings, course attendance, and review other personal profile information by logging in at www.thriveapproach.com using this email address and your password.

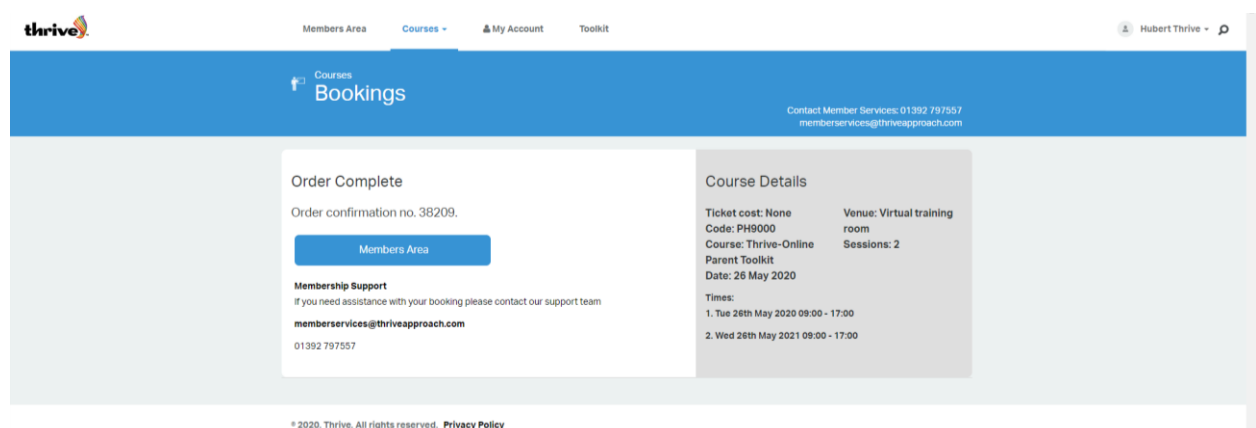
If you have any questions or would like any further information, then please do not hesitate to contact us.

Please click on this [link](#) to read a notice regarding COVID-19

If you cannot access the URL above for any reason, please copy and paste this URL below into your address bar

<https://www.thriveapproach.com/app/uploads/2020/03/COVID-19-Delegates.pdf>

You can now enter the members area by clicking the Blue 'Members Area' button



The following page will appear. Please follow and read steps 1 to 4 as shown below.

thrive Members Area Courses My Account Toolkit Hubert Thrive

Welcome to your **Members Area**

Contact Member Services: 01362 797557
memberservices@thriveapproach.com

Thrive-Online Toolkit

Welcome to the new Thrive-Online Parent Toolkit, which is FREE for all parents during the Covid-19 lockdown. The toolkit comprises:

- Introductory information and guidance for all (follow steps 1-4 below)
- new, tailored, online support for parents and carers of children aged 4-11 years
- further training and support for different age groups, which will be coming soon.

I have completed steps 1-4 below and want to try the Thrive-Online toolkit for children aged 4-11 yrs

Download Key Resources

Step 1 Learn about the different stages of development

We all travel through several stages of social and emotional development on our way from babyhood to adulthood. Find out how these ages and stages can help us to tailor our responses to our children's needs.

Learn about the different stages of development

Skills and Structure
Power and Identity
Thinking
Doing

Step 2 Find out about the difference Thrive can make

Listen to two families sharing the impact that learning about Thrive has had on them.

Emma's experience

Sania's experience

Step 3 Focus on the number one priority - looking after yourself!

In order to care effectively for our children, our number one priority is to care for ourselves first. To help you with this during the Covid-19 lockdown, read these postcards of ideas for getting started.

- Postcard for parents and caregivers 1
- Postcard for parents and caregivers 2
- Postcard for parents and caregivers 3
- Postcard for parents and caregivers 4
- Postcard for parents and caregivers 5
- Postcard for parents and caregivers 6
- Postcard for parents and caregivers 7
- Postcard for parents and caregivers 8

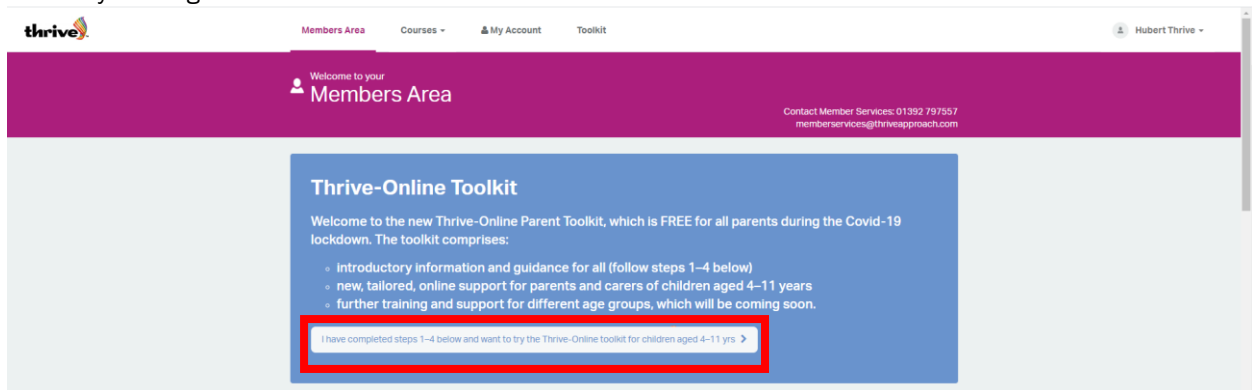
Step 4 Discover what the next step will bring

When you click on the link in the blue box above that says I have completed steps 1-4, you will be invited to:

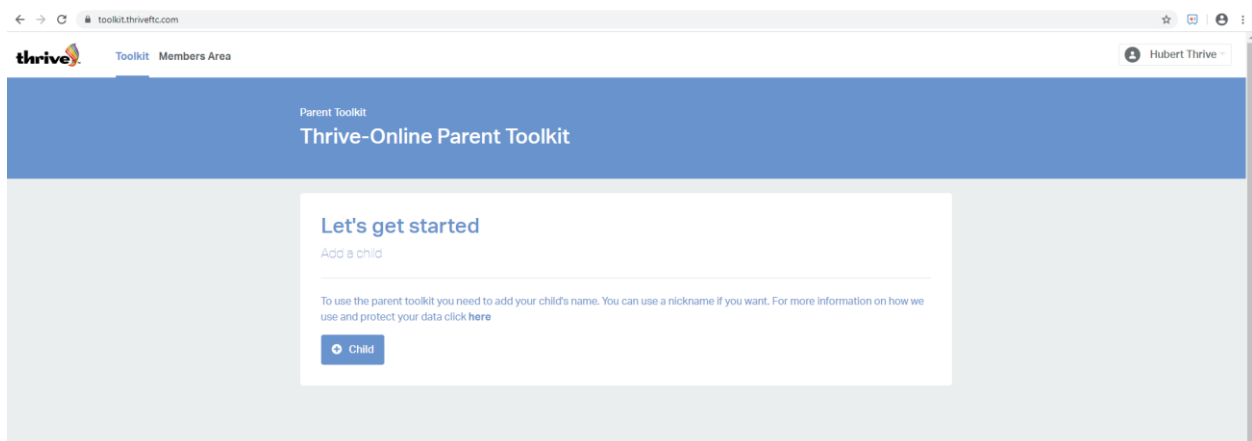
- add your child's name (a nickname is fine) and age (must be in the age range 4-11 years)
- learn about their age-related developmental needs
- practise meeting these needs with carefully chosen strategies and activities
- use the guidance provided to add your own activities that work for you and your child
- repeat your experiences using the progress bars provided
- add another child.

Under the above steps you will also see the course booking which is for the Parent Toolkit – this is for information only.

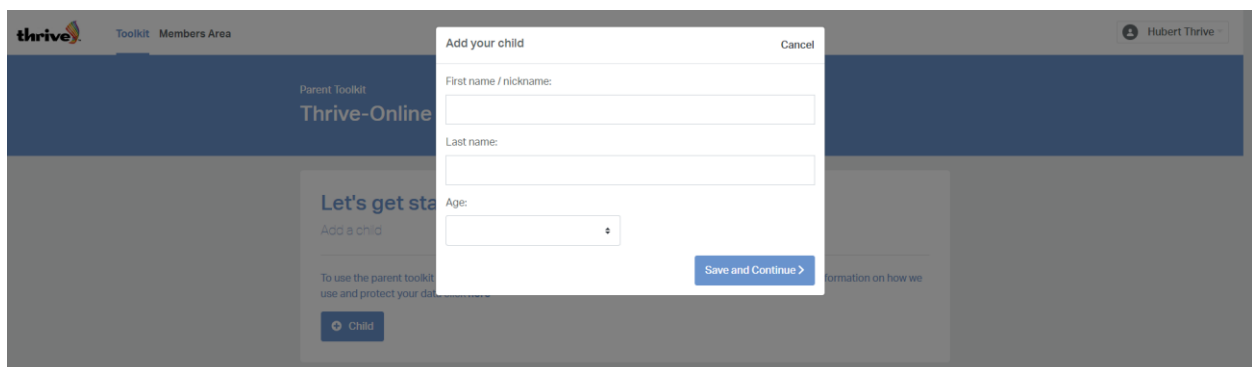
Once you have watched the clips and read the information above scroll to the top of the page and enter the toolkit by clicking as indicated below



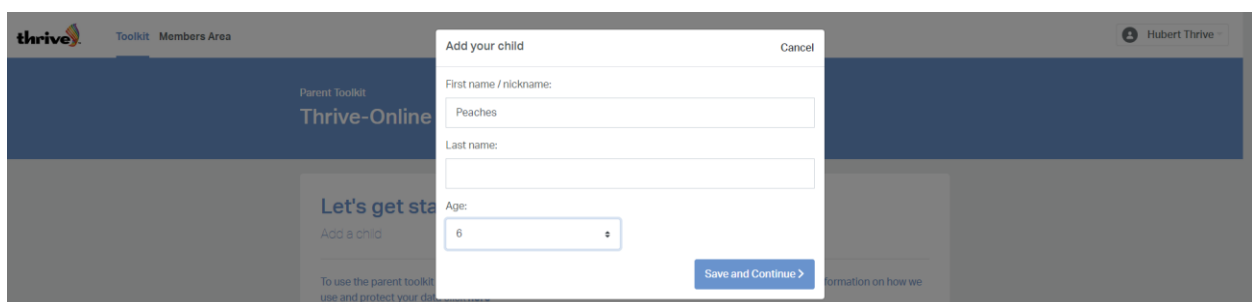
You will then be taken to the following Screen



Click on the blue + Child button and the following Screen will appear



Enter the child's information as shown below



Once you have entered the information press the blue 'Save and Continue' button

The following screen will then appear

Parent Toolkit
Thrive-Online Parent Toolkit

+ Child

Overview

Below you will see one bar for each child you have entered. Click the 'View Strategies' button to see the three Needs that relate to your child's age. Once you have clicked through and started using the 'Toolkit', this screen will show the Needs you are working with, and your progress.

Peaches, 6 View Strategies

Add your first strategy for this child by clicking on the 'View Strategies' button.

If you have more than one child press the blue + Child button and add the next child.

You will then see a bar for each child as shown below

Parent Toolkit
Thrive-Online Parent Toolkit

+ Child

Overview

Below you will see one bar for each child you have entered. Click the 'View Strategies' button to see the three Needs that relate to your child's age. Once you have clicked through and started using the 'Toolkit', this screen will show the Needs you are working with, and your progress.

Peaches, 6 View Strategies

Add your first strategy for this child by clicking on the 'View Strategies' button.

Quince, 4 View Strategies

Add your first strategy for this child by clicking on the 'View Strategies' button.

You can now start to select the needs and activities for each child – we will be concentrating on Peaches for the purpose of this How to Guide.

Click on the View Strategies button in the bar with the child's name and age as shown below

Parent Toolkit
Thrive-Online Parent Toolkit

+ Child

Overview

Below you will see one bar for each child you have entered. Click the 'View Strategies' button to see the three Needs that relate to your child's age. Once you have clicked through and started using the 'Toolkit', this screen will show the Needs you are working with, and your progress.

Peaches, 6 View Strategies

Add your first strategy for this child by clicking on the 'View Strategies' button.

Quince, 4 View Strategies

Add your first strategy for this child by clicking on the 'View Strategies' button.

The following screen will then appear

Peaches
Select Strategies

< Return to Overview

At each stage of emotional development, we can identify three key areas of need. Each one is shown below.
Please focus on one Need and complete it to unlock the others. We recommend working through at most two strategies for your chosen Need.

Needs

- Developing an Identity
- Distinguishing between Fantasy and Reality
- Exploring Power With Responsibility

As you can see the system will bring up three Needs, you can work through each of these needs – you do not have to start with the top one, you can work on which ever one you would like, however, the system will not allow you to move onto a different need until the one selected has been completed.

For the purposes of this How to Guide we are going to look at ‘Developing an identity’ – Click on the pink banner for Developing an identity and the following will appear.

We recommend that you choose two of the options available by clicking on the + sign in the box

At each stage of emotional development, we can identify three key areas of need. Each one is shown below.

Please focus on one Need and complete it to unlock the others. We recommend working through at most two strategies for your chosen Need.

Needs

Developing an identity

Children enjoy finding out what it feels like to be someone else through play. In this way they can begin to decide what they like and who they are. Through this process, children begin to notice how they can be different from others as well as what similarities they share.

Available

- Notice and appreciate your child's unique character, this re-enforces their growing sense of self. Child's voice: 'I feel warm inside when you notice special things about me and tell me you love me'.
- Talk with your child about how their ideas and actions may be different from other people. Child's voice: 'I'm learning that other people are different. How am I different and how am I the same?'
- Create opportunities that help your child to contribute towards doing household tasks (laying/clearing the table, preparing veg etc) this raises self-esteem and contributes to a child's development of skills. Child's voice: 'I feel important when I can help with jobs at home'
- Help your child learn how to be kind and caring about themselves. Child's voice: 'Sometimes having your hair brushed and doing your teeth isn't much fun'.
- Talk with your child about their experience of difference and diversity to support their understanding. Child's voice: 'Why are people different colours? Why don't I look like my friends?'
- Children will have their own ways of responding to pressure. Explore with them what they need at these times so they can become more resilient. Child's voice: 'My tummy's hurting and I can't get to sleep and I need you.'

Once you have made your selection, your choices will go into ‘In progress’ as shown below

Needs

Developing an identity

Children enjoy finding out what it feels like to be someone else through play. In this way they can begin to decide what they like and who they are. Through this process, children begin to notice how they can be different from others as well as what similarities they share.

You can explore all strategies, choosing 2 at a time.

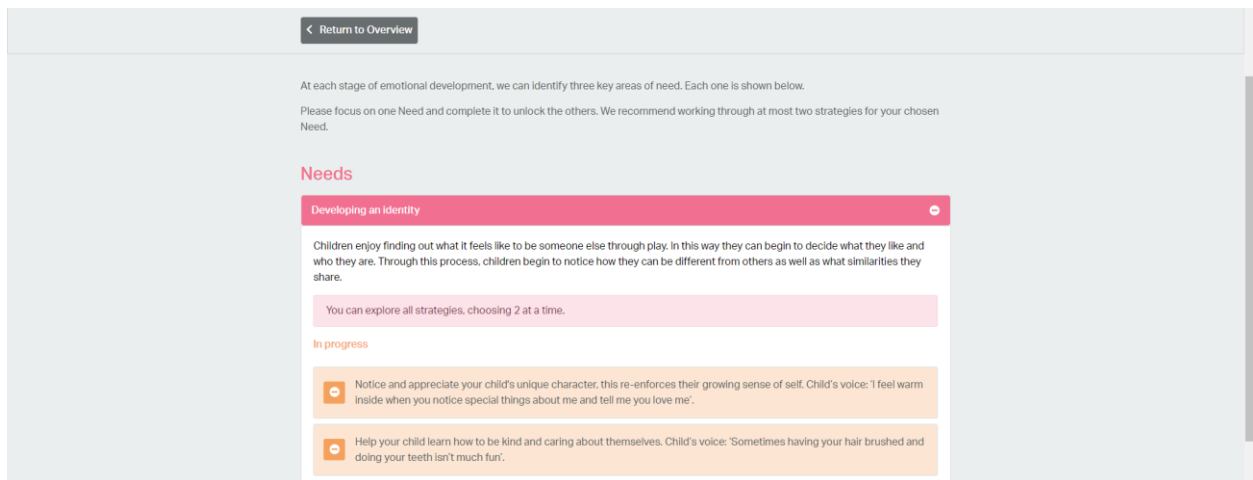
In progress

- Notice and appreciate your child's unique character, this re-enforces their growing sense of self. Child's voice: 'I feel warm inside when you notice special things about me and tell me you love me'.
- Help your child learn how to be kind and caring about themselves. Child's voice: 'Sometimes having your hair brushed and doing your teeth isn't much fun'.

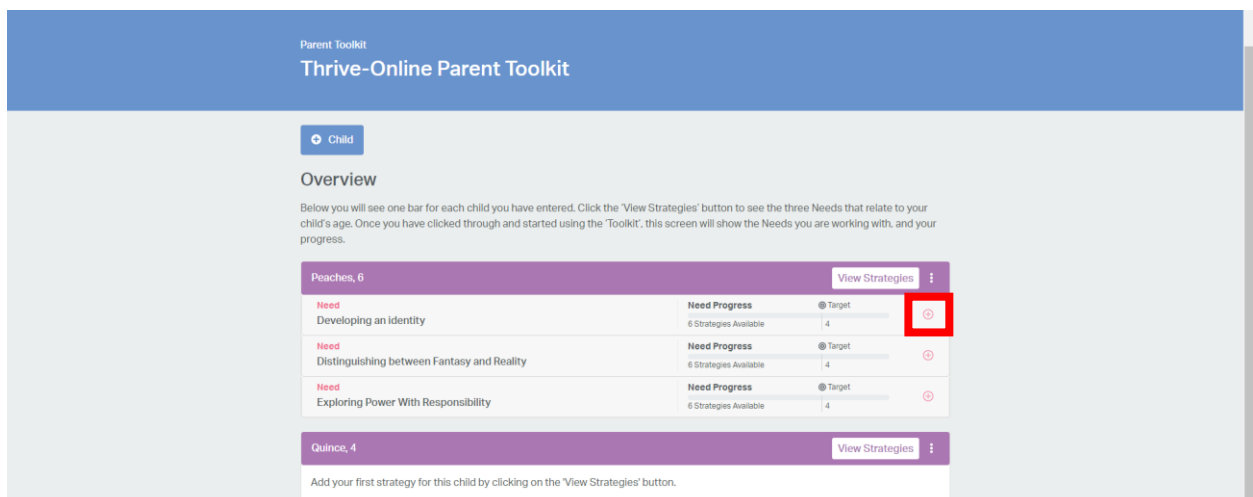
Available

- Talk with your child about how their ideas and actions may be different from other people. Child's voice: 'I'm learning that other people are different. How am I different and how am I the same?'
- Create opportunities that help your child to contribute towards doing household tasks (laying/clearing the table, preparing veg etc) this raises self-esteem and contributes to a child's development of skills. Child's voice: 'I feel important when I can help with jobs at home'
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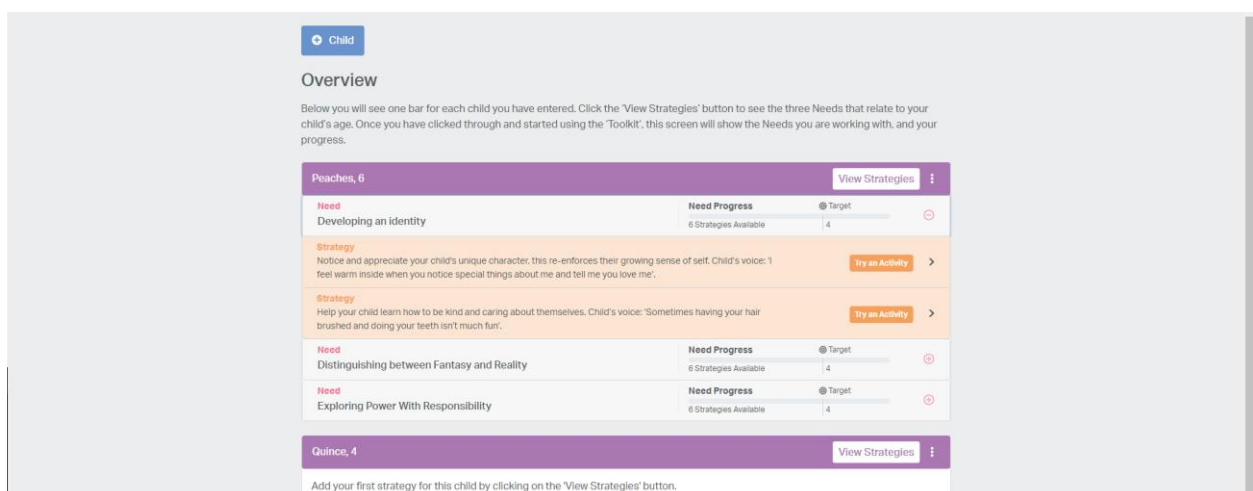
You now need to return to the overview by clicking on the 'return to Overview' at the top of the page



The overview will now look like the below



As we are working with Peaches and we have selected Developing an identity press the + sign at the end of that Need as indicated above. The following screen will then appear.



We can now click on Try an Activity

Once you have clicked 'Try and Activity' you will see the following page.

As you can see from the page below there are some downloads available for example there is a Power and Identity mp3 available – we recommend you listen to this information as it will give you more information on the age appropriate level of learning.

This page also provides you with information relating to the Need you have chosen – the strategy within that need and two Activities – Activity A and Activity B. Next to each activity there is a description of what to do.

Once you have read the information on the different activities choose which activity you are going to do. Once you have done the activity you can log the information into the toolkit.

Please note you may log out of the toolkit and do the activities as and when you like. You may choose to do both activities shown. You may find that your child responds better to a specific activity and may prefer to do this activity several times.

The toolkit allows you to log information on how you and your child enjoyed an activity, this is done by answering the questions as shown.

Sorry you didn't enjoy this. No worries. Why not try another activity or create one of your own that you will enjoy.

5. Thinking about your own self-care, have you remembered to be kind to yourself today?

☒ Yes
 ☐ No

Submit

Once you have finished answering the questions click the submit button and the following page will appear.

toolkit.thriveftc.com/child/need/10/solution/3716

Developing an identity

Strategy
Notice and appreciate your child's unique character, this re-enforces their growing sense of self. Child's voice: 'I feel warm inside when you notice special things about me and tell me you love me'.

0 of 4 Activities Logged

Downloads
Power and Identity.mp3

[Return to Overview](#)

You have chosen to support this developmental Need using the strategy shown above. Two activities (A) and (B) are provided to help you get started. In addition, you can add your own activities. Repetition is important and the 'Toolkit' encourages you to repeat this strategy using your favoured activities.

Activity A: Either you or your child write the child's name on a piece of paper and they then decorate their name paper with whatever is available. Put the picture somewhere special.

Activity B: Draw around your child's hands or feet. The child can decorate them how they like. Older children can write or tell you to write things that they like (people, activities, foods and so on) on each of the fingers or toes.

[Try another activity](#)

Activities you and your child have done so far	Date	Status
Activity A	2 Jun, 2020, 16:17	Unsuccessful Repeat Activity

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As one of the answers given was negative it has stated that the activity was Unsuccessful. You can now either do the same activity again by pressing the Repeat Activity button or you can choose a different activity. In the example I have chosen to do the same activity and have now answered the questions with all positive responses as shown below

thrive

Cancel

Strategy
Notice and appreciate your child's unique character, this re-enforces their growing sense of self. Child's voice: 'I feel warm inside when you notice special things about me and tell me you love me'.

Your toolkit

1. Was the activity one of the Thrive defaults or one you created?

☒ Activity A
 ☐ Activity B
 ☐ Add your own activity

2. Describe the activity you and your child have carried out (in 20 words or less)

☒ Activity A

3. Did you remember the strategy while you were doing the activity?

☒ Yes
 ☐ No

4. Did you and your child enjoy this activity?

You

☒ Yes
 ☐ No

Child

Yes No

Brilliant! You both enjoyed it.

5. Thinking about your own self-care, have you remembered to be kind to yourself today?

Yes No

Submit

Once you press submit the following page will appear and as you can see it has stated that the activity was successful

toolkit.thriveitc.com/child/67/need/10/solution/3716

Developing an identity

Strategy

Notice and appreciate your child's unique character, this re-enforces their growing sense of self. Child's voice: 'I feel warm inside when you notice special things about me and tell me you love me'.

1 of 4 Activities Logged

Downloads

Power and identity.mp3

< Return to Overview

You have chosen to support this developmental Need using the strategy shown above. Two activities (A) and (B) are provided to help you get started. In addition, you can add your own activities. Repetition is important and the 'Toolkit' encourages you to repeat this strategy using your favoured activities.

Activity A: Either you or your child write the child's name on a piece of paper and they then decorate their name paper with whatever is available. Put the picture somewhere special.

Activity B: Draw around your child's hands or feet. The child can decorate them how they like. Older children can write or tell you to write things that they like (people, activities, foods and so on) on each of the fingers or toes.

Try another activity >

Activities you and your child have done so far	Date	Status	
Activity A	2 Jun, 2020, 16:17	Unsuccessful	Repeat Activity >
Activity A	2 Jun, 2020, 16:20	Successful	Repeat Activity >

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You can now repeat the activity, or you could try Activity B. Once you have completed the activity enter the outcomes into the toolkit

thrive

Cancel

Strategy

Notice and appreciate your child's unique character, this re-enforces their growing sense of self. Child's voice: 'I feel warm inside when you notice special things about me and tell me you love me'.

Your toolkit

1. Was the activity one of the Thrive defaults or one you created?

Activity A

Activity B

Add your own activity

2. Describe the activity you and your child have carried out (in 20 words or less)

Activity B

3. Did you remember the strategy while you were doing the activity?

Yes No

4. Did you and your child enjoy this activity?

You

Yes No

Child

☒ Yes ☐ No

Brilliant! You both enjoyed it.

5. Thinking about your own self-care, have you remembered to be kind to yourself today?

☒ Yes ☐ No

[Submit](#)

Again, once completed click Submit

thrive Toolkit Members Area Hubert Thrive

Need
Developing an identity

Strategy
Notice and appreciate your child's unique character, this re-enforces their growing sense of self. Child's voice: 'I feel warm inside when you notice special things about me and tell me you love me'.

2 of 4 Activities Logged Downloads
Power and identity.mp3

[Return to Overview](#)

You have chosen to support this developmental Need using the strategy shown above. Two activities (A) and (B) are provided to help you get started. In addition, you can add your own activities. Repetition is important and the 'Toolkit' encourages you to repeat this strategy using your favoured activities.

Activity A: Either you or your child write the child's name on a piece of paper and they then decorate their name paper with whatever is available. Put the picture somewhere special.

Activity B: Draw around your child's hands or feet. The child can decorate them how they like. Older children can write or tell you to write things that they like (people, activities, foods and so on) on each of the fingers or toes.

[Try another activity >](#)

Activities you and your child have done so far	Date	Status	
Activity A	2 Jun, 2020, 16:17	Unsuccessful	Repeat Activity >
Activity A	2 Jun, 2020, 16:20	Successful	Repeat Activity >
Activity B	2 Jun, 2020, 16:41	Successful	Repeat Activity >

Each time you log your outcomes it will record them on the Activities Logged page – you must log 4 successful activities. Once you have logged four successful activities a pop-up box will appear as shown below

4 Activities Logged Downloads
Power and identity.mp3

[Return to Overview](#)

You have chosen to support this developmental Need using the strategy shown above. Two activities (A) and (B) are provided to help you get started. In addition, you can add your own activities. Repetition is important and the 'Toolkit' encourages you to repeat this strategy using your favoured activities.

Congratulations!
You've logged 4 successful activities

But don't stop there... choose another strategy and activities. You are providing valuable experiences for your child's emotional learning.

[OK](#)

Activities you and your child have done so far	Date	Status	
Activity A	2 Jun, 2020, 16:17	Unsuccessful	Repeat Activity >
Activity A	2 Jun, 2020, 16:20	Successful	Repeat Activity >
Activity B	2 Jun, 2020, 16:41	Successful	Repeat Activity >
Activity B	2 Jun, 2020, 16:43	Successful	Repeat Activity >
Activity A	2 Jun, 2020, 16:44	Successful	Repeat Activity >

Click the OK button and it will then take you to the child overview page as shown below

Parent Toolkit
Thrive-Online Parent Toolkit

[Child](#)

Overview

Below you will see one bar for each child you have entered. Click the 'View Strategies' button to see the three Needs that relate to your child's age. Once you have clicked through and started using the 'Toolkit', this screen will show the Needs you are working with, and your progress.

Child	View Strategies
Peaches, 6	View Strategies
Need Developing an Identity Need Progress 5 Strategies Available 4	
Need Distinguishing between Fantasy and Reality Need Progress 6 Strategies Available 4	
Need Exploring Power With Responsibility Need Progress 6 Strategies Available 4	
Quince, 4	View Strategies

Add your first strategy for this child by clicking on the 'View Strategies' button.

Now click on the View Strategies as indicated above and the following page will appear

thrive Toolkit Members Area Hubert Thrive

Select Strategies

[Return to Overview](#)

At each stage of emotional development, we can identify three key areas of need. Each one is shown below. Please focus on one Need and complete it to unlock the others. We recommend working through at most two strategies for your chosen Need.

Needs

Developing an Identity

Children enjoy finding out what it feels like to be someone else through play. In this way they can begin to decide what they like and who they are. Through this process, children begin to notice how they can be different from others as well as what similarities they share.

Completed

Notice and appreciate your child's unique character, this re-enforces their growing sense of self. Child's voice: 'I feel warm inside when you notice special things about me and tell me you love me'.

In progress

Help your child learn how to be kind and caring about themselves. Child's voice: 'Sometimes having your hair brushed and doing your teeth isn't much fun'.

Available

- Talk with your child about how their ideas and actions may be different from other people. Child's voice: 'I'm learning that other people are different. How am I different and how am I the same?'.
- Create opportunities that help your child to contribute towards doing household tasks (laying/clearing the table, preparing veg etc) this raises self-esteem and contributes to a child's development of skills. Child's voice: 'I feel important when I can help with jobs at home'.
- Talk with your child about their experience of difference and diversity to support their understanding. Child's voice: 'Why are people different colours? Why don't I look like my friends?'.
- Children will have their own ways of responding to pressure. Explore with them what they need at these times so they can become more resilient. Child's voice: 'My tummy's hurting and I can't get to sleep and I need you'.

Distinguishing between Fantasy and Reality

Exploring Power With Responsibility

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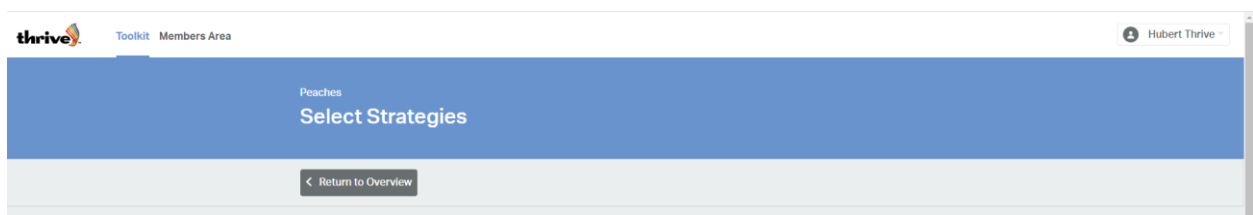
As you can see the first Strategy has been completed 'Notice and appreciate your child's unique character'

Now you can click on one of the other available Strategies by clicking on the plus sign at the beginning of the paragraph. This will then be shown in the 'In progress' section as shown below

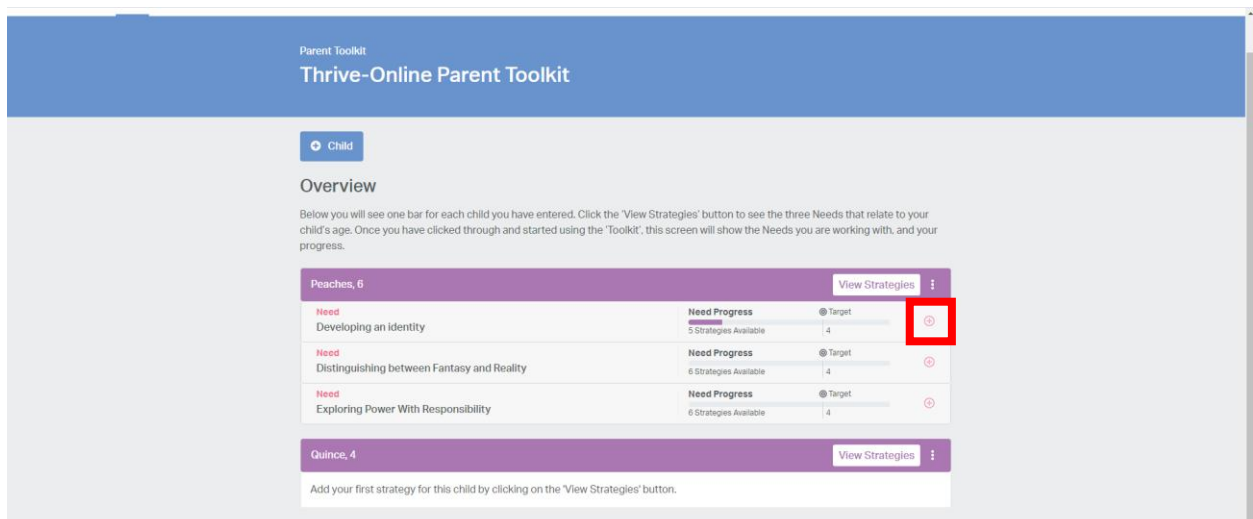


If there are activities that you do not like or you wish to change your mind you can deselect one of the strategies in the 'In progress' section and then click a different available strategie.

Now return to the overview by clicking on the Return to Overview button as shown below



The following page will appear



Click on the + sign at the end of the Developing an identity as shown above and the following page will appear

Child

Overview

Below you will see one bar for each child you have entered. Click the 'View Strategies' button to see the three Needs that relate to your child's age. Once you have clicked through and started using the 'Toolkit', this screen will show the Needs you are working with, and your progress.

Peaches, 6		View Strategies
Need Developing an identity	Need Progress 5 Strategies Available 4	
Strategy Notice and appreciate your child's unique character, this re-enforces their growing sense of self. Child's voice: 'I feel warm inside when you notice special things about me and tell me you love me'. 4 Activities Logged		
Strategy Help your child learn how to be kind and caring about themselves. Child's voice: 'Sometimes having your hair brushed and doing your teeth isn't much fun'. Try an Activity		
Strategy Create opportunities that help your child to contribute towards doing household tasks (laying/clearing the table, preparing veg etc) this raises self-esteem and contributes to a child's development of skills. Child's voice: 'I feel important when I can help with jobs at home'. Try an Activity		
Need Distinguishing between Fantasy and Reality	Need Progress 6 Strategies Available 4	
Need Exploring Power With Responsibility	Need Progress 6 Strategies Available 4	

Quince, 4 View Strategies

Add your first strategy for this child by clicking on the 'View Strategies' button.

This page is showing the first strategy selected has had four activities logged and therefore is complete. You can now work on the other two which are shown.

To move onto one of the other needs i.e. 'Distinguishing between Fantasy and Reality' or 'Exploring Power with Responsibility' you must complete at least four strategies within the current need 'Developing an Identity'

Once you have worked through and done four strategies the following page will appear.

Strategy
Talk with your child about their experience of difference and diversity to support their understanding. Child's voice: 'Why are people different colours? Why don't I look like my friends?'

4 Activities Logged Downloads
Power and Identity.mp3

[Return to Overview](#)

Congratulations!
You have spent valuable time with your child meeting one of their key needs.

OK

Activities you and your child have done so far	Date	Status
Activity A	2 Jun 2020, 17:39	Successful Repeat Activity >
Activity A	2 Jun 2020, 17:39	Successful Repeat Activity >
Activity B	2 Jun 2020, 17:40	Successful Repeat Activity >
Activity B	2 Jun 2020, 17:40	Successful Repeat Activity >

At this point you can choose to do the other two strategies for this need or you can choose to start to work on another need.

This process is followed for each child and for each need at the age appropriate level.