



## Teeth!

Our teeth help us do many important things, like chewing our food and giving us a bright smile. We have sharp and pointy teeth called incisors at the front. These help us bite into food, like when we take a bite of an apple. Behind the incisors, we have slightly bigger and pointy teeth called canines. Canines help us tear and cut our food, like when we eat a piece of meat.

Next, we have premolars and molars. They have flat surfaces with bumps called cusps. These teeth are great for grinding and crushing our food into smaller pieces. They make it easier for our stomach to digest the food.



We have two sets of teeth in our lifetime. When we are babies, we have small and milk-white teeth called baby teeth or deciduous teeth. As we grow older, our baby teeth fall out, and new teeth called permanent teeth grow in their place. We end up with 32 permanent teeth!

Number these facts from 1-5 in the order in which they happen.

- ☐ The incisors help us to bite into food.
- ☐ Canines help us to tear food.
- ☐ We have two sets of teeth in our lifetime.
- ☐ We have sharp pointy teeth called incisors.
- ☐ Canines are bigger than incisors and are pointy.