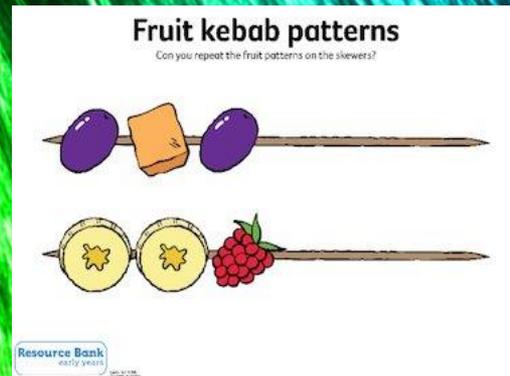


Year 1 - DT Knowledge Organiser - Food Nutrition (Rainbow salads/fruit kebabs)



We will learn how to:

- Wash hands and clean surfaces.
- say where some foods come from (i.e. plant or animal)
- describe differences between some food groups (i.e. sweet, vegetable etc)
- discuss how fruit and vegetables are healthy.
- cut, peel and grate safely with support.
- know how to prepare simple dishes safely and hygienically, without a heat source.

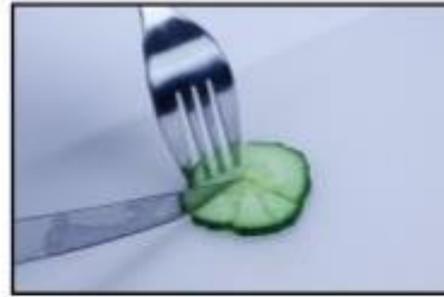
Design

Make

Evaluate

Key Vocabulary

Design	To plan, draw and write simple labels for what we are going to make.
Evaluate	To say what is good and what we could make better in our products.
Fruit	The sweet and fleshy product of a tree or other plant that contains seed and can be eaten as food
Grate	To cut equal slices of a fruit or vegetable finely using a grater. When grating, remember, you do not have to grate every bit of the food. It is best to leave a small chunk at the end to hang on to.
Peel	A way to remove the skin or peel from a fruit or vegetable. Always peel away from themselves while using a peeler.



The Fork Secure



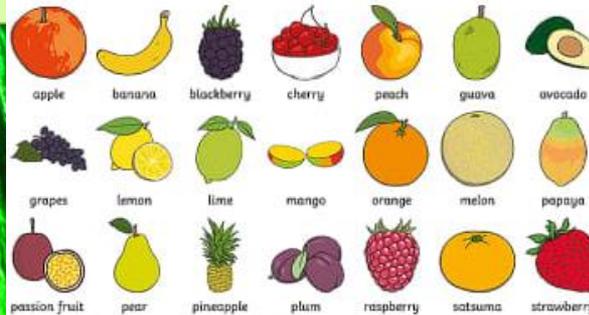
The Bridge



The Claw



Fruit Word Mat



Books to inspire:

