



Starting Well Partnership
EVERY CONTACT SHAPES A LIFE



Free support to help you stop smoking

Over 80% of cigarette smoke is invisible. Quitting is the best thing you can do to protect you and your family.

Available to mums, dads, carers, in fact anyone living with a child under the age of three in Worcestershire.

Quit and stay on track with:

- Free Nicotine Replacement Therapy (NRT)
- 1:1 support or family sessions with a trained advisor

Scan QR for more:



Or visit the website detailed below



Smoke Free Homes Service

www.startingwellworcs.nhs.uk/smoke-free-homes

Delivered on behalf of
 Worcestershire