



WEEK 3/7 SCHOOL MENU

Fresh • Balanced • Delicious



	MAIN MEAL (Hot Option)	VEGETARIAN OPTION (Hot Option)	JACKETS (Served with salad)	COLD OPTIONS	DESSERT & FRUIT
MONDAY 	Pesto Pasta with Chicken & Garlic Bread Gluten	Pesto Pasta with Garlic Bread Gluten	- Jacket with tuna mayo Fish Egg - Jacket with cheese Dairy - Jacket with beans	- Cold pasta salad Gluten - Cheese bap Gluten Dairy - Jam bap Gluten - Sausage roll Gluten	- Raspberry jelly & cream Dairy - Apple - Yoghurt Dairy
TUESDAY 	Chicken Korma, rice & Poppadom	Quorn Korma, rice & Poppadom	- Jacket with tuna mayo Fish Egg - Jacket with cheese Dairy - Jacket with beans	- Cold pasta salad Gluten - Chicken mayo wrap Gluten Egg - Cheese wrap Gluten Dairy - Ham wrap Gluten	- Chocolate Krispie Cake Dairy Gluten - Banana - Yoghurt Dairy
WEDNESDAY 	Sausage & Yorkshire pudding, Roast potatoes, peas, corn, & gravy Gluten (Yorkshire only)	Veggie Sausage Yorkshire pudding, Roast potatoes, peas & corn Gluten (Yorkshire only)	- Jacket with tuna mayo Fish Egg - Jacket with cheese Dairy - Jacket with beans	- Cold pasta salad Gluten - Cheese bap Gluten Dairy - Jam bap Gluten - Sausage roll Gluten	- Ice Cream Dairy - Apple - Yoghurt Dairy
THURSDAY 	Pepperoni Pizza, wedges & Salad Gluten Dairy	Cheese & Tomato Pizza, wedges & Salad Gluten Dairy	- Jacket with tuna mayo Fish Egg - Jacket with cheese Dairy - Jacket with beans	- Cold pasta salad Gluten - Chicken mayo wrap Gluten Egg - Cheese wrap Gluten Dairy - Ham wrap Gluten	- Syrup Sponge & Custard Gluten Dairy Egg - Honeydew melon - Yoghurt Dairy
FRIDAY 	Fish fingers, chips & Beans Gluten	Veggie fingers, chips & Beans Gluten	- Jacket with tuna mayo Fish Egg - Jacket with cheese Dairy - Jacket with beans	- Cold pasta salad Gluten - Cheese bap Gluten Dairy - Jam bap Gluten - Sausage roll Gluten	- Chocolate Chip Shortbread Gluten Dairy Soya - Banana - Yoghurt Dairy

ALLERGEN KEY



Gluten (wheat)



Dairy (Milk)



Egg



Fish



Soya

Please contact The Deli to arrange alternative meals for your child if they have an allergy.

Menus are subject to change.