


10 Minute Challenges - Summer 1 - Week 3 - 22/04/24

	Challenge:
Task 1	<p>This half term Task 1 will focus on embedding some of the SPAG we have learnt so far this year. The activities are provided by Letterjoin so they're also an opportunity to continue practicing our joined up handwriting. This week in Grammar Games we've been playing games around extending sentences using connectives. (joining words). Moving on from last week's activity, can you please choose the correct word to complete the sentences below.</p> <p>Choose the best joining words and write them in the sentences:</p> <p>when or so because then</p> <p>Nia tied up her hair _____ it was very long.</p> <p>Finish your tea _____ you can go out to play.</p> <p>You can stay here _____ you can come with me.</p> <p>Bob was scared _____ Mum cuddled him.</p> <p>I have to tidy my bedroom _____ it gets really messy.</p>
Task 2	<p>This ½ term, now that we're becoming more confident with our 2, 5 and 10x tables I'd like us to start practicing on TT Rockstars. Login details can be found in the front of the children's home-learning diaries but if you need another copy please see myself or Mrs Wheatley.</p> <p>Note: If the time pressures of TT Rockstars is too stressful, please practice your tables using fingers as we have been throughout the Autumn / Spring terms.</p> 
Task 3	<p>In class we've noticed that the children are very good at discussing and answering questions around stories that they have read multiple times e.g. in phonics or guided reading. However, we aren't as confident answering questions / discussing books / texts that we've read cold once. We will be continuing this ½ term with our 60 second reads and building in more opportunities for reading extracts in school.</p>

Diary of an Athlete

2 Dear Diary,

11 What a great day at my running camp in
18 Africa! We have been training hard and
27 working up a real sweat. It is important that
38 we work hard to keep fit so that we can be
47 the best in the race. This includes making sure
56 that we are eating healthy foods to keep our
66 bodies strong. I had a bowl of porridge with a
76 banana on top for breakfast today. I ate a jacket
85 potato with beans and a salad for lunch. I'm
92 going to be having chicken with pasta
98 and vegetables for my evening meal
104 tonight. I love eating healthy food
110 because it keeps me fit and
115 lets me run for longer.



Questions



1. Draw **three** lines to match the name of the meal to what the athlete ate for it.

Breakfast

chicken, pasta
and vegetables

Lunch

porridge with a
banana on top

Evening Meal

jacket potato
with beans



2. Why does the athlete want to be the best in the race?



3. **I love eating healthy food because it keeps me fit.** In this sentence, what does 'fit' mean?



4. What else might the athlete do to keep their body healthy?

Task 4 Our show & tell 10-minute-challenge this ½ term will focus on embedding our knowledge of keeping our minds and bodies healthy from Spring 2.

In the second week of our topic, as well as discussing how exercise was good for our physical health, we discussed activities that were good for our mental health. Having interests, hobbies activities we enjoy outside of school to unwind and relax are important after a busy 6 and a ½ hours in Year 2.

At home this week I'd like you to think about an activity that supports your mental health. How do you feel before, during and after this activity? Share your ideas, feelings and how your class mates could also complete your activity in Friday's show & tell.



Mr Bayliss, in times before Baby Bayliss, spent Sundays tinkering on his beloved mini. A chance to unwind, create and play with spanners was always the highlight of the week.

Mr Bayliss,