

10 Minute Challenges - Summer 2 - Week 4 - 21/06/24

Challenge:

The children have been working their socks off in recent weeks with end of year assessments, Sports Day and are now learning the dances and songs for our summer performance. To make sure we don't burn out by the end of the year I've decided to reduce the 10-minute-challenges.

I'd like us to carry on practicing TT Rockstars weekly; we will continue our weekly test and celebrating the Rockstar of the week in Celebrations Assembly. We all need to be continue reading each evening, either the book the children bring home from their phonics group / library book or the Guided Reading book.

We should also be practicing our spellings nightly.



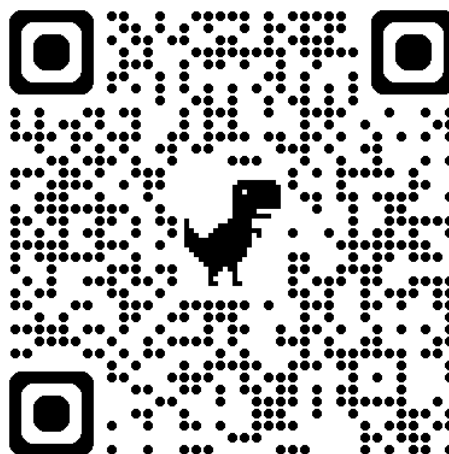
Task 1 Over the next few weeks I'll be setting a song from our performance for the children to practice. Versions of the song can also be found on YouTube if you'd like the music.

Live a Little:

Birds sing, the alarm clock rings
And you jump right out of bed.
It's bright, not a cloud in sight
And there's blue skies overhead!
It's fine, time to rise and shine,
For adventure's on its way.
Wonderland is just a brand new day!

Why don't you live a little, live a little,
Pick up the pace?
Give a little, give a little
Smile on your face,
Finding the fun, out in the sun
And your life has begun!
Why don't you make a little, make a little
Moment with me?
Take a little, take a little
Time and you'll be
Finding the fun, out in the sun
And your life has begun!
Wonderland is just a brand new day!

Why don't you live a little, live a little,
Pick up the pace?
Give a little, give a little



Smile on your face,
 Finding the fun, out in the sun
 And your life has begun!
 Why don't you make a little, make a little
 Moment with me?
 Take a little, take a little
 Time and you'll be
 Finding the fun, out in the sun
 And your life has begun!
 Life has begun!

Task 2

Our show & tell this ½ term will aim to embed the knowledge from our Summer 1 topic focusing on Jim and the Beanstalk.

In the fourth week of our Summer 1 topic, in PSCHE, we recapped the importance of looking after our teeth. We know the effect sugar can have on our teeth and we know how to look after our teeth through brushing but are we starting to make sensible choices over the foods / drinks we consume?

This week I'd like you to do some research on an item of food / drink that you consume that might have a little too much sugar. What does this amount of sugar actually look like in cubes or teaspoons? Is there a healthier alternative that would be better for your body and teeth?

For show and tell either:

1. Bring in a food item that you've discovered contains lots of sugar.
2. Create a poster on the damages of sugar on our teeth.
3. Talk to the class about a healthier choice you've made this week after learning about a food's sugar content.

