

Outdoor Explorers at Home

Christmas

This week in our Woodland Explorers session, we have learnt about how to enjoy Christmas outside using natural resources.

To help continue your child's learning and to do some outdoor exploring at home, try this nature loving idea.

Holly and Ivy Leaf Tinsel

Find a long piece of string then go for a walk. As you are walking, keep adding leaves by making a small hole with your finger then threading them on. Once you are home, hang your string up – you have created your very own leaf tinsel!



This Week's Outdoor Explorer Tips

- Feed the animals! Cold weather can be difficult for animals that do not hibernate - try putting out nuts and seeds for the birds.
- Christmas is a great time of the year to learn plant names. Go on a winter walk, collect different plants and display them around your home to help your child learn about them. Watch them dry out and talk about what is happening and why. Also, start to ask your child which trees are deciduous and which are evergreen.