

# Year 1 Summer 1: PSCHE & R.E.

In PSCHE this half term our module is entitled 'Being my Best'. During this unit, we will explore healthy eating, focussing on the eat well plate and we will be tasting different fruits and vegetables! We then look at the importance of looking after ourselves and why brushing our teeth is important. We'll also look at how we can be resilient and how this can help us achieve our aspirations. To finish the unit, we will be focusing on passing the praise! With a focus on feelings and friendships.

## Key Questions:

What is the importance of eating fruit and vegetables? Which foods do we need to eat more of? Which do we need to eat less to be healthy? Why is regular hygiene important? What can we do to stop spreading germs?

## Key Vocabulary:

fruit, vegetables, healthy, routine, hygiene, germs, feelings, resilient, support, praise, teamwork



# SCARF

What does it mean to belong to a faith in a community? In this unit, we will revisit prior units about Muslims, Christians and Jewish people and we will be thinking about how members of these communities show that they belong. We will look at a variety of artefacts to help us as well as thinking about what communities we belong to.

**Key Learning:** What does it mean to belong to a community? How do Christians and Muslims show that they belong? How do Christians, Muslims and Jewish people show that they belong? What do worldviews say about how valuable people are? How do Muslims and Christians welcome a new baby? How do people who that they belong to each other?

**Key Vocabulary:** Community, Muhammad, Shabbat, Allah, Ichthus, Faith, Baptism, Agigah, Parable, wedding, Parable.

